

Our experts



The Sport and Exercise Medicine service is led by Dr Leon Creaney and Emma Batchelor, who are supported by a team of experienced sport physiotherapists. The team see a wide range of patients, from the enthusiastic exerciser to the sporting elite.

Dr Leon Creaney

Consultant in Sport & Exercise Medicine
Dr Creaney, a former World Medical Games athlete, has been an event doctor with UK Athletics since 2005 and has also travelled as Team Doctor.



He has worked in elite sports medicine with UK Athletics English Institute of Sport (EIS) and several football and rugby teams.



Dr Creaney was also a member of the Field of Play Recovery Team at the London 2012 Olympic Games.

Emma Batchelor

Consultant Physiotherapist
Emma has extensive NHS experience covering a wide range of clinical specialities and has a Masters degree in Manipulative Physiotherapy.



She has worked with the England netball team and was their lead physiotherapist for seven years.



Emma also has experience working for the English Institute of Sport as a physiotherapist for GB Women's hockey team. This took her to the London 2012 Olympic Games.



**Sport & Exercise
Medicine Service**
@QEHB



How to find us:

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For information about travelling by car, bus or train, please visit our website:
www.uhb.nhs.uk/how-to-find-us

Queen Elizabeth Hospital Birmingham **NHS**

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Patient story

Julz Adeniran is a 110m hurdler who competes for Great Britain and England. After a debut season in 2005 saw him break the English Schools Championship record on route to a national title and his first international vest, he quickly realised that sprint hurdling was the sport for him.

During a 2012 Grand Prix meeting, Julz hit a hurdle which sent him crashing to the ground for the first time in his career. This freak accident caused a rupture to the posterior cruciate ligament in his trail leg and forced him to miss the London 2012 Olympic trials, ruling him out of Olympic selection.

“Representing my country in athletics is the greatest honour and I’m keen to be competing again at international level as soon as possible. As a young and up-and-coming athlete, on the cusp of world-class level, it’s extremely important to get the best guidance and treatment possible.

“The hospital’s state-of-the-art facilities, combined with the specialist skills and experience of the team, mean that I am hopeful of regaining full fitness and standing on the podium at the next Commonwealth Games and Olympics Games. The expert support and treatment I’m receiving is just what I need to help me achieve my goals.

“One of the great things about the service at QEHB is the fact that I can see a renowned consultant in Sport and Exercise Medicine, get my scans taken and receive specialist physiotherapy aided by the latest equipment in remedial care, all in one location.

“I know the team are determined to get me back on the track and with their help I plan to be back competing again at the very highest level.”

Introducing Sport and Exercise Medicine expertise at a world-class hospital...

Sport and Exercise Medicine is a discipline within medicine and physiotherapy which deals with problems relating to participation in all levels of exercise or competitive sport.

The Sport and Exercise Medicine Service at the Queen Elizabeth Hospital Birmingham is an NHS service for the diagnosis and treatment of injuries and includes:

- biomechanical assessment
- imaging (x-ray, ultrasound, MRI, CT and PET)
- gait assessment
- musculoskeletal ultrasound treatment
- bespoke rehabilitation programme using specialist equipment
- access to specialist orthopaedic surgeons

We treat a wide range of patients with differing levels of fitness. From routine procedures for patients with musculoskeletal injuries, to elite sportspeople who want to return to competitive sport, the team offer patient-centered care using the latest technology.

The new hospital is the most modern and technologically advanced in the Midlands and offers the best environment for your care, with brand new gym facilities used in the rehabilitation of the UK’s military patients.

For an appointment please speak to your GP for a referral. The service is listed on NHS Choose and Book.

Once we have received a referral, we will contact you to arrange an appointment.

For more information about the service, please contact the Sport and Exercise Medicine Team on 0121 371 3493.