



ASKERN DISTRICT RUNNING CLUB

presents the

Sentry Doors Limited



License No. 2018-30086

Course Measurement Certificate No. TBD

ASKERN 10K

Wednesday 16th May 2018 at 7.00pm

(Under UKA Rules)

From ASKERN MINERS WELFARE, MANOR RD. ASKERN, DONCASTER DN6 0AJ

EXTENSIVE PRIZE LIST + T-SHIRTS to all finishers

£500 Bonus for Male/Female Course records

(Course records – Male - C. Parkes 29:36 1996, Female - J. Clarke 34:33 1988)

Also 1st Female and Male Teams prizes

Veteran prizes M40+ & F35+ in 5 year age categories according to entries

(Individuals will not be allowed to take more than one prize , except for team prize)

Entrants must be 15 years or older on the 16th May 2018

600 race limit: Chip Timing

Entries will close on 6th May or earlier if limit reached

PLEASE NOTE STRICTLY NO ENTRIES ON THE DAY

so enter early to avoid possible disappointment

Enter Online @ ASKERNDRC.ORG

ASKERN 10K £10.00 Affiliated UKA Clubs

£12.00 Unattached Runners (Includes £2.00 UKA levy)

POSTAL ENTRIES TO: The ASKERN 10K, 19 Kiplin Drive, Norton, Doncaster, DN6 9gD

Including Cheque or PO payable to Askern DRC and SAE for confirmation.

Race numbers & Timing Chips to be collected on the day

Askern Miners Welfare Club

Refreshments on sale during and after the race.
Presentations in the Club after the race.



First Aid cover provided by First Aid Medical Services

Please complete this section in CLEAR BLOCK CAPITALS.

SURNAME: _____ FORENAMES: _____
 ADDRESS: _____ TELEPHONE NO.: _____

 POSTCODE: _____ UKA Club name: _____
 _____ UKA membership no.: _____

Age on race day: _____ Date of Birth: _____ Sex (M/F): _____ Entry fee sent: _____

I certify that I am medically fit enough to run the said event, furthermore I agree that the ORGANISERS will in no way be held responsible for any LOSS, DAMAGE or INJURIES to myself or my belongings - BEFORE, DURING or AFTER the said event.

SIGNED: _____ DATE: _____