



ASKERN DISTRICT RUNNING CLUB
and

RINGWAYS
.co.uk



Course Measurement No. 18/409

License No 2019-36352

proudly present

'THE ASKERN 10'

Askern, Nr. Doncaster. (Under UKA Rules)

Incorporating

The South Yorkshire Open 10 Mile Championship

Sunday 11th August 2019 at 10.30am

EXTENSIVE PRIZE LIST + T-SHIRT to all ASKERN 10 finishers

(Individuals will not be allowed to take more than one prize, except for team prize)

ENTRY FEES: ASKERN 10M: £10.00 Affiliated UKA Clubs
£12.00 Unattached Runners (Includes £2 UKA levy)
(Entries on the day surcharged by £2.00, i.e. £12.00 and £14.00 and will **NOT** qualify for prizes)

Closing date for entries: 4th August 2019 or earlier if 600 race limit is reached.

Postal entries, including cheque/PO payable to ASKERN DISTRICT RUNNING CLUB.

Send to: "Askern 10mile", 19 Kiplin Drive, Norton, Doncaster, DN6 9GD

Or Enter online at www.askerndrc.org. Entrants for the 10 Mile race must be at least 17 years old or over on the race day.

Numbers and chips to be collected and returned on race day.

Supported by:

Askern Miners Welfare Club

Refreshments on sale during and after the race.

Presentations in the Club after the race.



First Aid cover provided by First Aid Medical Services

SURNAME: _____ FORENAMES: _____
ADDRESS: _____ TELEPHONE NO.: _____

POSTCODE: _____ UKA Club _____
UKA Membership No: _____

Age on race day: _____ Date of Birth: _____ Sex (M/F): _____ Entry fee sent: £ _____

I certify that I am medically fit enough to run the said event, furthermore I agree that the ORGANISERS will in no way be held responsible for any LOSS, DAMAGE or INJURIES to myself or my belongings - BEFORE, DURING or AFTER the said event.

SIGNED: _____ DATE: _____